
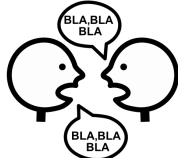

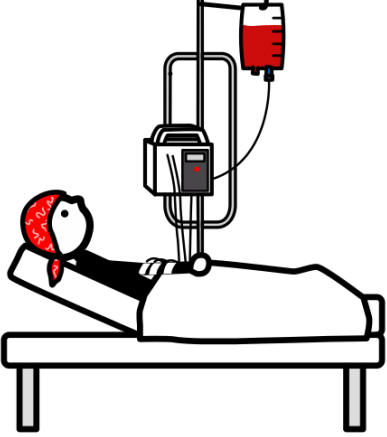



Katarzyna Andruszkiewicz
 Alicja Burzyńska
 Tomasz Chamera
 Katarzyna Ćwiryńkało
 Marta Kosecka
 Marta Kulesza
 Monika Parchomiuk
 Małgorzata Waręcka
 Agnieszka Żyta

People with disabilities talk about cancer

<p>Our study</p> <p>In this study we talked about:</p> <ul style="list-style-type: none"> - what people with disabilities think about cancer - what their experiences are - what they do to prevent cancer 	
<p>Our research team</p> <p>Co-researchers from Ostróda - Alicja Burzyńska, Marta Kosecka, Katarzyna Andruszkiewicz</p> <p>Co-researchers from Olsztyn – Katarzyna Ćwiryńkało, Agnieszka Żyta</p> <p>Co-researchers from Lublin – Tomasz Chamera, Marta Kulesza, Małgorzata Waręcka, Monika Parchomiuk</p>	
<p>What did we do?</p> <p>We designed the study and created interview questions together</p>	

<p>We conducted 37 interviews with people with intellectual disabilities. Interviews were recorded.</p>	
<p>We discussed what people with disabilities told us</p>	
<p>What did we find out?</p>	
<p>What people with disabilities associate with cancer:</p> <ul style="list-style-type: none"> - death - suffering of the sick person - suffering of the family - pain - tumor - treatment, chemotherapy - being bold - destroying a person from the inside <p>Some didn't know anything about the disease</p>	
<p>How to prevent cancer according to people with disabilities:</p> <ul style="list-style-type: none"> - go to a doctor - do screenings - don't smoke - don't drink alcohol - don't sunbathe without sunscreen creams - eat healthy food <p>Some people didn't know how to prevent cancer</p> <p>Others said it was impossible to prevent cancer</p>	

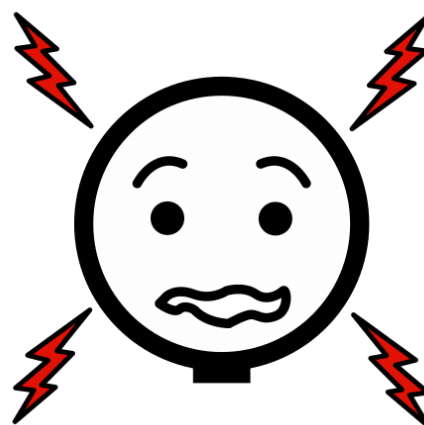
Experiences of people with disabilities with cancer

Some people had someone close who had cancer

They talked about suffering, treatment, and a terrible experience

Some people knew what the cause of the disease was

Sometimes the family didn't talk to them about this disease. They didn't like it

**No experiences associated with cancer**

Some people didn't know anyone who had cancer

Sometimes they confused cancer with other diseases, such as a heart attack.

**Cancer prevention**

Some people said that they take care of their health to avoid getting cancer

They eat healthily

They don't smoke cigarettes

They regularly undergo preventive screenings

Women go for cytology, breast ultrasound (USG), and mammograms

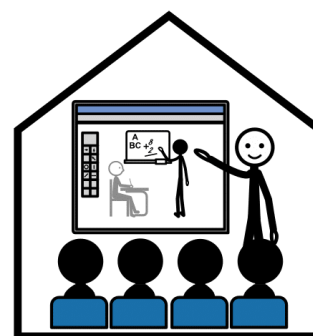
Men undergo prostate ultrasound (USG)

Other people don't undergo preventive screenings. They don't know what needs to be done to avoid getting sick.

**We need trainings so that people with disabilities knew how to prevent cancer**

We are planning to prepare three trainings:

- about healthy food
- about screening
- about physical activity and sun protection



Note: The article utilizes pictograms made available in a non-commercial form on the website <https://arasaac.org/pictograms/search>